

International Pizza Survey (March 2011) - Highest and lowest pizzas from takeaways

(Based on popular toppings; Pepperoni; Multi Meat; Hawaiian; Margherita; Vegetarian)

Data was collected online during March 2011. Figures are subject to change. For more information visit www.worldactiononsalt.com

Topping Type	Country	Outlet Type	Company Name	Product Name	Sodium (g) per 100g	Sodium (g) per portion
Hawaiian	USA	Takeaway	Domino's	Honolulu Hawaiian Deep Dish	0.970	0.97
Hawaiian	UK	Takeaway	Domino's	Ham & Pineapple	0.400	0.26
Hawaiian	Australia	Takeaway	Eagle Boys	Gluten Free Hawaiian	0.381	0.301
Margherita	USA	Takeaway	Pizza Hut	Cheese Only Thin N Crispy	0.841	0.74
Margherita	UK	Takeaway	Domino's	Cheese & Tomato	0.344	0.17
Multi meat	New Zealand	Takeaway	Pizza Hut	Meat Lovers Thin N Crispy	1.140	0.62
Multi meat	Malaysia	Takeaway	Pizza Hut	Super Supreme	0.408	0.31
multi meat	Australia	Takeaway	Eagle Boys	Gluten Free The Works	0.385	0.300
Multi meat	Australia	Takeaway	Eagle Boys	Gluten Free Scorcher	0.361	0.284
Pepperoni	USA	Takeaway	Pizza Hut	Pepperoni Thin N Crispy	0.977	0.85
Pepperoni	Malaysia	Takeaway	Pizza Hut	Pepperoni delight	0.276	0.24
Vegetarian	USA	Takeaway	Pizza Hut	Veggie Lover's Thin N Crispy	0.607	0.71
Vegetarian	Malaysia	Takeaway	Pizza Hut	Veggie Lover	0.226	0.19

International Pizza Survey (March 2011) - Highest and lowest pizzas by country

(Based on all pizza toppings)

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Country	Outlet Type	Company Name	Product Name	Topping Type	Portion size (g)	Sodium (g) per 100g	Sodium (g) per portion
Australia	Takeaway	Pizza Hut	Thin 'n Crispy BBQ Meat Lovers	BBQ (meat)	62	0.890	0.552
Australia	Takeaway	Domino's	Chicken, Tomato and Oregano Ciabatta Pizza	Chicken	298	0.241	0.718
Australia	Supermarket (branded)	McCain	Garlic Pizza	Not provided	160	0.176	0.282
Canada	Takeaway	Pizza Hut	Pepperoni Lovers Thin n Crispy	Pepperoni	78	0.744	0.580
Canada	Takeaway	Pizza Hut	Veggie Lovers Pan	Vegetarian	104	0.317	0.330
Costa Rica	Supermarket (branded)	El Arreo	Pizzitas	Multi meat	100	3.50	3.50
Costa Rica	Supermarket (branded)	Red Baron	Four Cheese Pizzas, Singles Pizza Deep Dish.	Multi Cheese	172	0.41	0.70
Finland	Supermarket (branded)	Grandiosa ¹	Pan Pizza XXL	Margherita	240	0.640	1.54
Finland	restaurant	Kotipizza	Pollo Mexicana	Chicken	Not provided	0.384	Not provided
Japan	Takeaway	Domino's	Garlic Master	Not provided	80.0	0.600	0.480
Japan	Takeaway	Domino's	Lasagna Pizza	Meat	80.6	0.447	0.360
Malaysia	Takeaway	Pizza Hut	Thai Seafood	Fish	81	0.457	0.37
Malaysia	Takeaway	Pizza Hut	Veggie Lover	Vegetarian	84	0.226	0.19
New Zealand	Takeaway	Pizza Hut	Meat Lovers Thin N Crispy	Multi meat	55	1.140	0.62
New Zealand	Takeaway	Pizza Hut	Vege Delight Pan	Vegetarian	77	0.350	0.27
South Africa	Supermarket	Pick n Pay brand	Barbeque Chicken Pizza	Chicken	195	0.920	1.79
South Africa	Supermarket	Italia	Margherita Light Pizza	Margherita	Not provided	0.434	Not provided
UK	Supermarket (branded)	Dr Oetker	Casa Di Mama Diavola Pizza	Not provided	195	0.730	1.42
UK	Supermarket (branded)	Dr Oetker	Casa Di Mama Diavola Pizza	Not provided	195	0.730	1.43
UK	Supermarket (own brand)	Tescos	Thin and Crispy Mediterranean Vegetable	Vegetarian	216	0.200	0.5
USA	Takeaway	Pizza Hut	Meat Lover's Thin N Crispy	Multi meat	117	1.034	1.21
USA	Takeaway	Papa John's	Garden Fresh Thin Crust	Vegetarian	125	0.288	0.36

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Country	Outlet Type	Company Name	Product Name	Topping Type	Sodium (g) per 100g	Sodium (g) per portion	Salt (g) per 100g	Salt (g) per portion
Australia	Takeaway	Eagle Boys	Thin Crust Pepperoni	Pepperoni	0.855	0.530	2.14	1.325
Australia	Supermarket (own brand)	Coles Smart Buy	Hawaiian Pizza	Hawaiian	0.270	0.169	0.68	0.422
Canada	Takeaway	Pizza Hut	Pepperoni Lovers Thin n Crispy	Pepperoni	0.744	0.580	1.86	1.45
Canada	Takeaway	Pizza Hut	Veggie Lovers Pan	Vegetarian	0.317	0.330	0.79	0.83
Costa Rica	Supermarket (branded)	El Arreo	Pizzitas	Multi meat	3.50	3.50	8.75	8.75
Costa Rica	Supermarket (branded)	Red Baron	Four Cheese Pizzas, Singles Pizza Deep Dish.	Multi Cheese	0.410	0.700	1.02	1.75
Finland	Supermarket (branded)	Grandiosa ¹	Pan Pizza XXL	Margherita	0.640	1.54	1.60	3.84
Finland	Supermarket (branded)	Apetit	Tahiti Twin	Multi meat	0.400	Not provided	1.00	Not provided
Japan	Takeaway	Domino's	Domino's Deluxe	Multi meat	0.546	0.440	1.36	1.1
Japan	Takeaway	Domino's	Margherita	Margherita	0.461	0.320	1.15	0.8
Malaysia	Takeaway	Pizza Hut	Super Supreme	Multi meat	0.408	0.31	1.02	0.78
Malaysia	Takeaway	Pizza Hut	Veggie Lover	Vegetarian	0.226	0.19	0.57	0.475
New Zealand	Takeaway	Pizza Hut	Meat Lovers Thin N Crispy	Multi meat	1.140	0.62	2.85	1.55
New Zealand	Takeaway	Pizza Hut	Vege Delight Pan	Vegetarian	0.350	0.27	0.88	0.68
South Africa	Takeaway	Debonairs	Hawaiian Generic	Hawaiian	0.691	1.831	1.73	4.58
South Africa	Supermarket	Italia	Margherita Light Pizza	Margherita	0.434	Not provided	1.09	N/A
UK	Supermarket (branded)	Chicago Town	Pepperoni	Pepperoni	0.700	1	Not provided	Not provided
UK	Supermarket (own brand)	Tescos	Thin and Crispy Mediterranean Vegetable	Vegetarian	0.200	0.5	0.60	1.3
USA	Takeaway	Pizza Hut	Meat Lover's Thin N Crispy	Multi meat	1.034	1.21	2.59	3.025
USA	Takeaway	Domino's	Pacific Vegie Pizza Crunchy Thin	Vegetarian	Not provided	0.41	1.03	1.03

International Pizza Survey (March 2011) - Highest and lowest pizzas from Pizza Hut

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Topping Type	Country	Product Name	Portion size (g)	Sodium (g) per 100g	Sodium (g) per portion
Hawaiian	New Zealand	Hawaiian Thin N Crispy	58	0.910	0.53
Hawaiian	Canada	Hawaiian Pan	102	0.431	0.440
Margherita	USA	Cheese Only Thin N Crispy	88	0.841	0.74
Margherita	UK	Margherita	73	0.560	0.41
Margherita	New Zealand	Margherita Pan	81	0.360	0.292
Multi meat	New Zealand	Meat Lovers Thin N Crispy	55	1.140	0.62
Multi meat	Malaysia	Super Supreme	76	0.408	0.31
Pepperoni	USA	Pepperoni Thin N Crispy	87	0.977	0.85
Pepperoni	Malaysia	Pepperoni delight	87	0.276	0.24
Vegetarian	USA	Veggie Lover's Thin N Crispy	117	0.607	0.71
Vegetarian	Malaysia	Veggie Lover	84	0.226	0.19

International Pizza Survey (March 2011) - Highest and lowest pizzas from Domino's

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Topping Type	Country	Company Name	Product Name	Portion size (g)	Sodium (g) per 100g	Sodium (g) per portion
Hawaiian	USA	Domino's	Honolulu Hawaiian Deep Dish	Not provided	0.970	0.97
Hawaiian	UK	Domino's	Ham & Pineapple	Not provided	0.400	0.26
Margherita	Australia	Domino's	Puff Simply Cheese	59	0.574	0.339
Margherita	UK	Domino's	Cheese & Tomato	Not provided	0.344	0.17
Multi meat	New Zealand	Domino's	Meat Lovers Thin N Crispy	71	0.820	0.58
Multi meat	USA	Domino's	MeatZZa Feast Deep Dish	Not provided	0.440	1.15
Pepperoni	Australia	Domino's	Gluten Free Toni Pepperoni	36	0.760	0.274
Pepperoni	UK	Domino's	Pepperoni Passion	Not provided	0.504	0.36
Vegetarian	Australia	Domino's	Puff Vegorama	69	0.468	0.323
Vegetarian	UK	Domino's	Vegetarian Supreme	Not provided	0.268	0.18