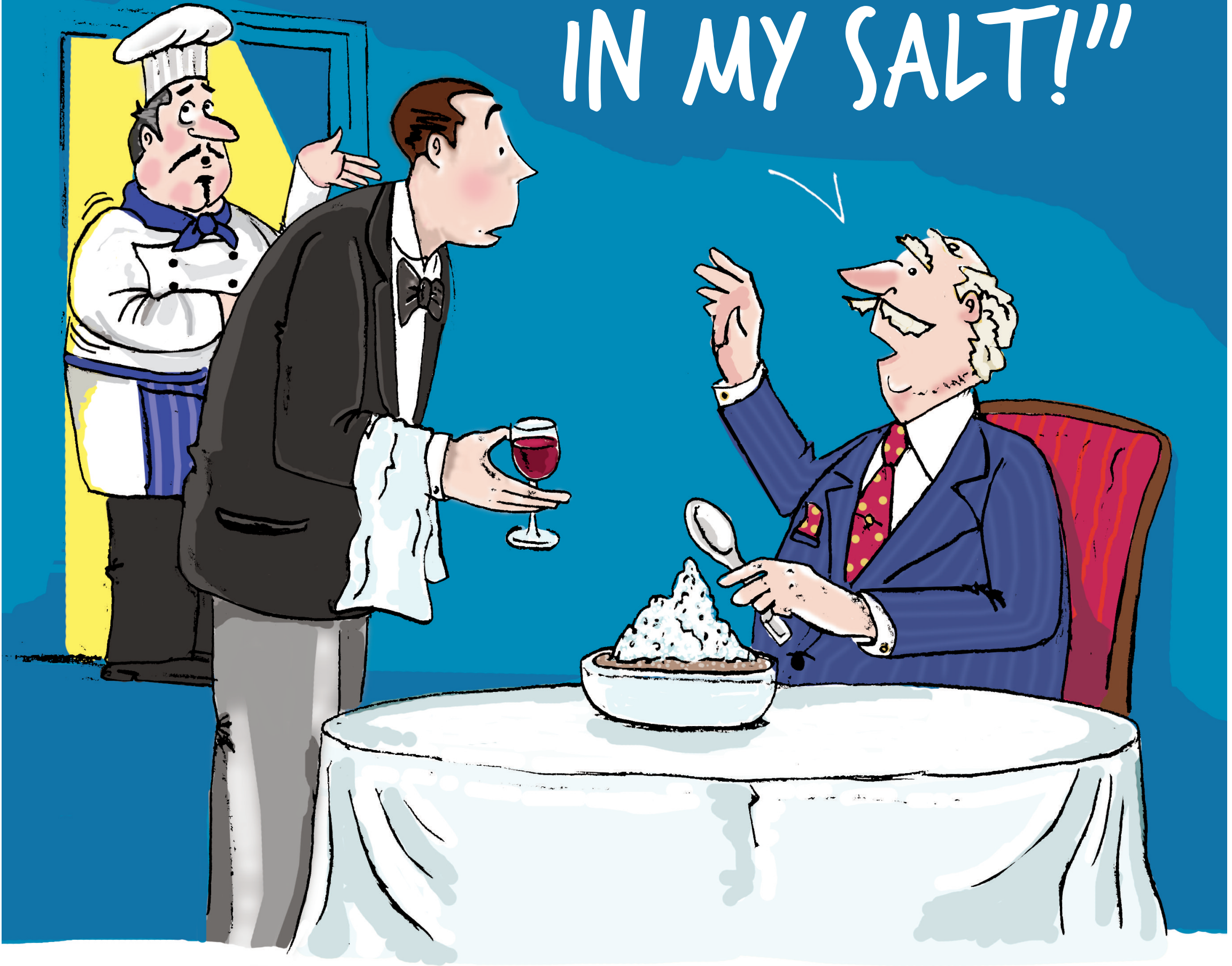Eating too much salt damages our health. Did you know that 75% of the salt we eat is already in the food we buy?

Ask for less salt please!

WASH
World Action on Salt & Health